



Next Sunday's Readings **The First Sunday of Lent – Genesis 2:7-9, 3:1-7 (22A); 51:3-4, 5-6, 12-13, 17; Romans 5:12-19 or 5:12, 17-19; Matthew 4:1-11**

Mass & Intentions February 18 – February 26

Sat.	18	3:15	p.m.	St. Norbert	Reconciliation Arthur Gauthier (birthday remembrance) by Dan & Robin Gauthier Fr. Claverlito Migrino by CDA Ct. St. Veronica The Sick of the Parish NO MASS
		4:00	p.m.	St. Norbert	
Sun.	19	8:30	a.m.	St. Norbert	
		10:30	a.m.	St. Norbert	
Mon.	20				
Tue.	21	4:00	p.m.	St. Norbert	
Wed.	22	8:30	a.m.	St. Michael	
		6:30	p.m.	St. Norbert	
Thu.	23	8:30	a.m.	St. Norbert	
Fri.	24	8:30	a.m.	St. Norbert	
Sat.	25	3:15	p.m.	St. Norbert	Reconciliation The Guyette & Fontaine Families by Fern & Laura Fontaine Parishioners Living & Deceased Mary McKay by Marc & Doris DeLaricheliere
		4:00	p.m.	St. Norbert	
Sun.	26	8:30	a.m.	St. Norbert	
		10:30	a.m.	St. Michael	

A Lenten Prayer

Almighty and everlasting God,
You have given the human race
Jesus Christ our Savior as a model of humility.
He fulfilled your will by becoming man
and giving His life on the cross.
Help us to bear witness to You
by following His example of suffering
and make us worthy to share in His Resurrection.
We ask this through our Lord Jesus Christ, Your Son.
Amen

Next week's second collection: **Black & Native American Missions**

Our goal each week is to collect **\$3,128.44** in ordinary income to meet our expenses.

	Feb. 11 & Feb. 12
Offertory	\$1,166.90
All Other Revenue	803.00
Total	\$1,969.90

Donations/offertings can be made online by visiting our website and accessing the **DONATION** button at the top of our website.

Fuel Assistance Project

Are you, or someone you know, having trouble paying for fuel this winter? Contact the rectory for information on how to get help with your fuel bill. Call 472-5544.

Mass Count

Feb. 11 & Feb. 12

SN	4:00 p.m.	[40]
SN	8:30 a.m.	[44]
SM	10:30 a.m.	[22]

Ash Wednesday, February 22nd

There will be two Masses celebrated that day, 8:30 AM at St. Michael's and 6:30 PM at St. Norbert's.

Ash Wednesday Almsgiving Collection February 22nd

There will be a special collection on Ash Wednesday to support Vermont Catholic Charities. This agency provides financial and emotional support to individuals and families throughout Vermont through the programs offered which include Counseling, Emergency Aid, Prison Ministry, and Residential Care Homes. The work that you will support will help transform people's lives. Donations can be made through the website: <https://www.vermontcatholic.org/ministries-programs/catholic-charities/ash-wednesday-appeal/>. Please know that every gift whatever the size makes a difference.

Guidelines for Lent

Ash Wednesday and Good Friday are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.

The rule of fasting states that only one full meal a day can be taken. Two small meals sufficient to maintain strength, are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18 to 59.

Abstinence refers to not eating meat on Fridays. The rule of abstinence binds all Catholics 14 years or older.

CRS Rice Bowl

The CRS Rice Bowl is the Lenten program of Catholic Relief Services, the official relief and development agency of the United States Conference of Catholic Bishops. Through CRS Rice Bowl, faith communities in dioceses throughout the U.S. put their faith into action through prayer, fasting and almsgiving. Lenten alms donated through CRS Rice Bowl support the work of CRS in more than 100 different countries each year. Twenty-five percent of donations to CRS Rice Bowl stay in the local diocese, supporting hunger and poverty alleviation efforts. Since its inception in 1975, CRS Rice Bowl has raised more than \$320 million dollars. You may pick up your family's Rice Bowl in the back of the church today.

Parish Council Members:	Jeannine Young (Chair), Tod Delaricheliere, Dave Shepard, Jon Lussier, Paul Frederick, David O'Brien, Pierrette Lyman, Mark McAndrew, Emma Pudvah
Finance Council Members:	Mike Brochu (Chair), Paul Frederick, Mary Jane Fradette, Mike Morin, Kathy Menard